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CLEANING UP YOUR HOUSE ON 2 WEEKEND DAYS OR 5 WEEKDAY NIGHTS: This Is For Your Family's Health - Your Living Time - And To Make Your Spouse Only Expects To Be Home After Work.





Synopsis

Cleaning and maintaining a house to make it clear, fresh and ordered for its qualified living standard not as simple as it sounds. Apply all steps in this book and remember that planning is also a very important step. Knowledge in this book will help you realize benefit of a qualified living standard that: improve physical and mental health of all family members, your children and your spouse only expect to be home after working or studying. Let's take a look at steps of the journey to preserve your lovely home: Introduction. Why should we clean our house? How does a tidy and clean house effect to family members' mental live? Chapter 1. Planning your house cleaning, determining cleaning area and items needed to keep or to remove from your house. Scheduling for a suitable time scale such as: evening in the weekdays and weekend or vacation days | depend on your priority and expected time. Chapter 2. Necessary supports Chapter 3. Checking for non-toxic household cleaning products. The Benefits of Using Non-Toxic Chemicals. Chapter 4. Recipes for non-toxic products. All Purpose Cleaning Recipes. Disinfectant Wipes. Window Cleaner Kitchen Cleaning Recipes. Disinfecting Cleaner Dish Washing Liquid. Heavy Duty Pot and Pan Cleaner Dishwasher Detergent Chapter 5. Bathroom Cleaning Recipes. Bathroom Scrubber Laundry Room Recipes. Powdered Soap Nut Laundry Detergent Homemade Laundry Detergent Liquid Laundry Detergent Made with Soap Nuts. Stain Remover Chapter 6. Getting advices form experts. Chapter 7. Cleaning tips. Chapter 8. Following orders of area when cleaning your house. Terrace and swimming pool Cleaning the Bedroom. Cleaning the Living and Dining Room. Garage. Fence. Cleaning the Bathroom. Cleaning all windows. Cleaning all items in the room: Cleaning the Kitchen Appliances. Working room: paper, filing cabinet Chapter 9. Steps to Time-Saving Cleaning. Chapter 10. Taking care of your family photos. I wish your house is always be your best house. And buy now with 1 - click.

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Customer Reviews

I always feel tired while cleaning house right after escaping from daily work and it just makes me wish to live in hotel for the convenience and cleanliness without any effort. Then, I found this book. It is a guide to housecleaning which provides wise cleaning tips help me keep my house always clean, tidy and save time. I could schedule my cleaning plan for days and weeks orderly. I realize benefits of tidy house and how to set up a suitable schedule: cleaning in weekday nights or weekend days depending on your priority and estimated time. I found many ideas that very similar to my situations like: "Owning a beautiful house requires a lot of personal responsibilities. It requires frequent cleaning to keep it spic and span. Sometimes, owners lack the motivation to clean and only act when the dirt is already unbearable. Others find it more convenient to hire house cleaning services, especially those who are always busy with work or "Weekdays make up the busiest days of the week. It is barely possible to even clean the countertop after breakfast, or wash dishes after lunch." Through that, I also understand tips to continuously keep my house lean every time: "there are helpful ways to maintain cleanliness. By focusing on a specific list of chores during weekdays and a different set on weekends, people will be able to find more convenience and fewer demands for the task", "cleaning dishes, doing the laundry, taking out the trash, and filing bills and other papers must be done on a daily basis. This way, you can get rid of clutter and move freely around the house, as well as prevent fungus and molds to grow on grimy tableware and soiled clothing" and "heavier and more time-consuming assignments are reserved for the weekend.

Dusting walls, windows, and furniture is a way to avoid the formation of cobwebs. Vacuuming the floor, especially carpeted ones, is another activity that can be done once weekly. But the most important the book taught me is that don't be so serious about cleaning we can do it each part differently: "Don't feel pressured to achieve the whole thing within a single day. You could take up as much time as you need to get your house to reach the sparkly fresh degree that you happen to be hoping for. You'll be able to put away ample free time and panic through precisely generating a plan of action. Commence by sprucing the higher priority rooms. Should you possess a rather short amount of spare time to tidy before guests arriving, only tidy sections that you might use probably the most. Thank you!

I don't know how about you, but there are 4 members in my family and my house is always like a mess, furniture is everywhere. Because of kids, the pressure of keeping house clean and tidy rests on my shoulders but working in the office makes me exhausted so I don't have any energy to think about cleaning house when I come home. It will take a lot of energy and time. But the books help me to clean everything more systematic, we start from terrace to swimming pool, working room, bed room, living room, dining room, garage, fence, toilet, bath room, windows, and items in each room, kitchen furniture, microwave, papers and documents in working room. They all help save much time. My favorite part is "Recipes for non-toxic products", using these products help you reduce risks of breathing problems and asthma. "Whether you are the one cleaning your home or not, the chemicals that are released onto surfaces and in the air have a tendency to linger. This means that both you and your loved ones are at a much higher risk of breathing problems and asthma. These chemicals also have the potential to exacerbate existing breathing conditions." These products also help you:- They are much less corrosive, non-toxic for inhalation and skin absorption.- Improved Air Smell with own green cleaning products and a few drops of natural essential oils, avoid bad smell from commercial cleaners with industrial pine or lemon scented.- Increased Knowledge of Ingredients, you never know how much of an ingredient is included or even what ingredients are included because there are no government regulations stating that cleaning products must disclose all of their ingredients. When you make your own green cleaning chemicals, you know that you are using safe, non-toxic products.- Reduced Cost because these products are made by water as a main ingredient and the lemon juice, vinegar, other ingredients.- Lessened Environmental Impact "Where do your chemicals go when you open the window to get rid of their stink? Outside, into the air. This can increase ozone

depletion and contribute to global climate change. Additionally, when you make your own chemicals, you lessen the number of disposable plastic bottles, wipes, and other cleaning by-products that end up in landfills. It's a just great idea.

Very interesting concept...the family that cleans together stays together..I really enjoyed reading this book, it was something i had never thought about and found it to be educational and entertaining. Get it for yourself.

This book is a good help for anybody looking for advice on how to start cleaning in an effective way. The book gives a lot of good ways on how to do cleaning in an organised setting. You will be motivated to start cleaning after reading this book. I like how the book promotes to use non-toxic cleaning products.

with this book, i can clean and refer accordingly. starting with my bed first. Not only that, it also provided which chemical suitable to use for certain area, living room, toilet etc. Good one.

I really liked this book. It has some great tips for getting organized to clean house and keep it clean. I especially liked the section having to do with non-toxic cleaning products and ways to clean without using harsh and dangerous chemicals. Definitely worth buying.

Helpful tips about cleaning certain areas in the house and even the garage. It also offers helpful tips on saving time while cleaning.

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